## WHAT IS CLAIMED IS:

- 1. A device for opening a shell containing a substance, the device comprising: a shell containing a substance; and
- a shape memory material activator configured to be deformed in response to only a single action and to subsequently create a path through the shell upon attainment of a predetermined temperature.
- The device of Claim 1, wherein the single action produces a force on the shape
   memory material activator.
  - 3. The device of Claim 2, wherein the force deforms the shape memory material activator.
- 15 4. The device of Claim 1, wherein the single action is manual.
  - 5. The device of Claim 1, wherein the single action is mechanical.
  - 6. The device of Claim 1, wherein the single action is hydraulic.

- 7. The device of Claim 1, wherein the single action is pneumatic.
- 8. The device of Claim 1, wherein the single action is magnetic.
- The device of Claim 1, wherein the single action is electromagnetic.
  - 10. The device of Claim 1, wherein the single action is release of stored mechanical energy.
- 30 11. The device of Claim 1, wherein the path creation is repeatable with temperature cycling of the shape memory material activator.
  - 12. The device of Claim 1, including a plurality of shells wherein the shape memory material activator creates a path on the plurality of shells.

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- 13. The device of Claim 1, wherein the shape memory material activator releases a force to create a path upon attainment of a predetermined temperature.
- 14. The device of Claim 1, wherein the shape memory material activator is coupledwith a bias spring element.
  - 15. The device of Claim 1, wherein the single action changes the device from a dormant state to an active state.
- 10 16. A temperature activated actuator, comprising: a shape memory material activator configured to be deformed in response to only a single action wherein

the actuator is placed in a state of readiness to respond to temperature changes of the shape memory material activator.

- 17. The actuator of Claim 16, wherein the single action produces a force on the shape memory material activator.
- 18. The method of Claim 17, wherein the force deforms the shape memory material activator.
  - 19. The actuator of Claim 16, wherein the single action is manual.
  - 20. The actuator of Claim 16, wherein the single action is mechanical.
  - 21. The actuator of Claim 16, wherein the single action is hydraulic.
  - 22. The actuator of Claim 16, wherein the single action is pneumatic.
- 30 23. The actuator of Claim 16, wherein the single action is magnetic.
  - 24. The actuator of Claim 1, wherein the single action is electromagnetic.
- 25. The actuator of Claim 1, wherein the single action is release of stored35 mechanical energy.

- 26. The actuator of Claim 16, wherein the single action is irreversible.
- 27. The actuator of Claim 16, wherein the shape memory material activator responds to temperature changes within a predefined temperature range.

- 28. The actuator of Claim 16, wherein the actuator releases a substance when the shape memory material activator responds to temperature changes.
- The actuator of Claim 16, wherein the actuator activates another device when
   the shape memory material activator responds to temperature changes.
  - 30. The actuator of Claim 16, wherein the actuator releases a force when the shape memory material activator responds to temperature changes.
- 15 31. The actuator of Claim 16, wherein the shape memory material activator is coupled with a bias spring element.
  - 32. The actuator of Claim 16, wherein the single action changes the device from a dormant state to an active state.

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- 33. The actuator of Claim 16, wherein the response is repeatable with temperature cycling of the shape memory material activator.
- 34. A method for arming a temperature activated device to release a substance,comprising:

deforming a shape memory material activator by a single action only, whereby the device is placed in an active state of readiness to release the substance when the shape memory material activator attains a predetermined temperature.

- 35. The method of Claim 34, wherein the single action produces a force on the shape memory material activator.
  - 36. The method of Claim 35, wherein the force deforms the shape memory material activator.

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37. The method of Claim 34, wherein the single action is manual.

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- 38. The method of Claim 34, wherein the single action is mechanical.
- 39. The method of Claim 34, wherein the single action is hydraulic.
- 5 40. The method of Claim 34, wherein the single action is pneumatic.
  - 41. The method of Claim 34, wherein the single action is magnetic.
  - 42. The method of Claim 34, wherein the single action is electromagnetic.
  - 43. The method of Claim 34, wherein the single action is release of stored mechanical energy.
- The actuator of Claim 34, wherein the single action changes the device from adormant state to an active state.
  - 45. A self-propelled device comprising:

    a shape memory material activator configured with traction means, wherein;
    the traction means enable the shape memory material activator to self propel.
  - 46. The device of Claim 45, wherein the device self-propels along surface with traction means.
  - 47. The device of Claim 45, wherein the device self-propels in a medium.
  - 48. The device of Claim 47, wherein the medium is a mammalian body.
  - 49. The device of Claim 47, wherein the medium is particulate media.
- 30 50. The device of Claim 47, wherein the medium is substance capable of sustaining the device.
  - 51. The device of Claim 45, wherein the device travels on tracks.
- 35 52. The device of Claim 51, wherein the tracks are configured with traction means.

- 53. The device of Claim 45, wherein the shape memory material activator is trained in two way shape memory effect.
- 54. The device of Claim 45, wherein the shape memory material activator iscoupled with a bias spring element.
  - 55. The device of Claim 54, wherein the bias spring is configured with traction means.
- 10 56. The device of Claim 55, wherein the shape memory material activator is coupled with a variable length body.
  - 57. The device of Claim 56, wherein the variable length body is configured with traction means.
  - 58. The device of Claim 45, wherein the shape memory material activator is coupled with a variable length body and a bias spring element.
  - 59. The device of Claim 45, wherein the device is a substance delivery device.
    - 60. The device of Claim 45, wherein the device is a medical device.
    - 61. The device of Claim 45, wherein the device is a temperature device.
- 25 62. The device of Claim 45, wherein the device is a transporter.
  - 63. The device of Claim 45, wherein the device is an actuator.
- 64. A self-propelled substance delivery system comprising:
  a shape memory material activator configured with traction means and,
  a track configured with traction means, wherein
  the traction means enable the shape memory material activator to self propel along the track and deliver a substance.
- 35 65. The system of Claim 64, wherein the track comprises a plurality of geometric shapes.

- 66. The system of Claim 64, wherein the track forms a closed loop.
- 67. The system of Claim 64, wherein the shape memory material activator travels inside the track.
  - 68. The system of Claim 64, wherein the shape memory material activator travels outside the track.
- 10 69. The system of Claim 64, wherein the shape memory material activator is trained in two way shape memory effect.
  - 70. The system of Claim 64, wherein the shape memory material activator is coupled with a bias spring element.
  - 71. The system of Claim 70, wherein the bias spring is configured with traction means.
- 72. The system of Claim 64, wherein the shape memory material activator is coupled with a variable length body.
  - 73. The system of Claim 72, wherein the variable length body is configured with traction means.
- 25 74. The system of Claim 64, wherein the device is substance delivery device.
  - 75. The system of Claim 64, wherein the device is a medical device.
  - 76. The system of Claim 64, wherein the device is a temperature warning device.
    - 77. The system of Claim 64, wherein the device is a temperature indicator.
    - 78. The system of Claim 64, wherein the device is a transporter.
- 35 79. The system of Claim 64, wherein the device is an actuator.

- 80. The system of Claim 64, wherein the device is an implant.
- 81. The system of Claim 64, wherein the substance is delivered while the shape memory material is changing shape.

- 82. The system of Claim 64, wherein the substance is delivered along the track.
- 83. The system of Claim 64, wherein the substance is delivered upon contact with an object.

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- 84. The system of Claim 64, wherein the track is a mammalian body cavity.
- 85. The system of Claim 64, wherein the track is a mammalian lumen.
- 15 86. The system of Claim 64, wherein the track is a tubular structure.
  - 87. The system of Claim 64, wherein the track is a conduit.
- 88. The system of Claim 64, wherein the system changes the distance between two objects.
  - 89. The system of Claim 64, wherein the system changes the distance between two or more points of an object.
- 25 90. A self-driven track system comprising:
  a shape memory material activator configured with traction means and,
  a track configured with traction means, wherein
  the traction means enable the shape memory material activator to drive the track.

- 91. The system of Claim 90, wherein the track comprises a plurality of geometric shapes.
- 92. The system of Claim 90, wherein the track forms a closed loop.

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- 93. The system of Claim 90, wherein the shape memory material activator drives the track while anchored at one point along its body.
- 94. The system of Claim 90, wherein a plurality of shape memory material activators drive a plurality of tracks.
  - 95. The system of Claim 94, wherein the tracks is driven in the same direction.
  - 96. The system of Claim 94, wherein the tracks are driven in different directions.
  - 97. The system of Claim 90, wherein the drive direction of the track is reversed with temperature cycling of the of the shape memory material activators.
- 98. The system of Claim 90, wherein the track is driven repeatedly with temperature cycling of the shape memory material activator.
  - 99. The system of Claim 90, wherein the shape memory material activator is trained in two way shape memory effect.
- 20 100. The system of Claim 90, wherein the shape memory material activator is coupled with a bias spring element.
  - 101. The system of Claim 100, wherein the bias spring is configured with traction means.
  - 102. The system of Claim 101, wherein the shape memory material activator is coupled with a variable length body.
- 103. The system of Claim 102, wherein the variable length body is configured with30 traction means.
  - 104. The system of Claim 102, wherein the variable length body is anchored at one point along its body.
- 35 105. The system of Claim 90, wherein the device is substance delivery device.

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- 106. The system of Claim 90, wherein the device is a medical device.
- 107. The system of Claim 90, wherein the device is a temperature warning device.
- 5 108. The system of Claim 90, wherein the device is a temperature indicator.
  - 109. The system of Claim 90, wherein the device is a transporter.
  - 110. The system of Claim 90, wherein the device is an actuator.

111. The system of Claim 90, wherein the device is an implant.

- 112. The system of Claim 90, wherein the substance is delivered while the shape memory material is changing shape.
- 113. The system of Claim 90, wherein the substance is delivered upon contact with an object.
- 114. The system of Claim 90, wherein the track is a tubular structure.
- 115. The system of Claim 90, wherein the track is a conduit.
- 116. An energy conversion system comprising:
- a plurality of self-powered devices configured with traction means
- 25 a plurality energy transmission means configured with traction means, wherein; the traction means allow for coupling of energy from the self-powered devices to energy transmission means.
- 117. The system of Claim 116, wherein the self-powered device is a shape memory30 material activator.
  - 118. The system of Claim 117, wherein the shape memory material activator is trained in a two way shape memory effect.
- 35 119. The system of Claim 117, wherein the shape memory material activator is coupled with a bias spring element.

- 120. The system of Claim 119, wherein the bias spring is configured with traction means.
- 5 121. The system of Claim 117, wherein the shape memory material activator is coupled with a variable length body.
  - 122. The system of Claim 121, wherein the variable length body is configured with traction means.
  - 123. The system of Claim 117, wherein the shape memory material activator is heated by ambient heating means.
- 124. The system of Claim 117, wherein the shape memory material activator is15 heated by forced heating means.
  - 125. The system of Claim 117, wherein the shape memory material activator is cooled by passive cooling means.
- 20 126. The system of Claim 117, wherein the shape memory material activator is cooled by forced cooling means.
  - 127. The system of Claim 117, wherein the self-powered devices comprise self-cooling means.
  - 128. The system of Claim 116, wherein the traction means comprises surface geometric features.
- 129. The system of Claim 116, wherein the traction means comprises surface roughness.
  - 130. The system of Claim 116, wherein the system converts thermal energy to mechanical energy.
- 35 131. The system of Claim 116, wherein the mechanical energy is produced as a linear motion.

- 132. The system of Claim 116, wherein the mechanical energy is produce as a rotary motion.
- 133. The system of Claim 116, wherein the energy conversion is incremental.

- 134. The system of Claim 116, wherein the energy conversion is continuous.
- 135. The system of Claim 116, wherein the system is adaptable to energy conversion capacity changes.

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shell walls.

- 136. The system of Claim 116, wherein the system is a substance delivery system.
- 137. A shape memory material activated device, the device comprising:
  a plurality of shells containing a substance; and
  a shape memory material activator variably deformed, wherein;
  different parts of the shape memory material activator respond to different temperatures, within a predetermined temperature range, to create a path through the
- 20 138. The device of Claim 137, wherein the shape memory material activator is variably deformed in the martensitic state.
  - 139. The device of Claim 137, wherein the shape memory material activator is variably overdeformed at a temperature lower than the maximum temperature at which martensite can be stress-induced.
    - 140. The device of Claim 137 wherein, the device comprises a single shell.
- 141. The device of Claim 137 wherein, the path creation takes places with rising30 temperature of the shape memory material activator.
  - 142. The device of Claim 137 wherein, the path creation takes places with falling temperature of the shape memory material activator.
- The device of Claim 137, wherein the shell is bounded by the porous barrier.

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- 144. The device of Claim 137, wherein the device releases a substance.
- 145. The device of Claim 137, wherein the device admits a substance.
- 5 146. The device of Claim 137, wherein the substance is bounded by the porous barrier.
  - 147. The device of Claim 137, wherein the shape memory material activator is an actuator.
  - 148. The device of Claim 137, wherein the devices is a substance delivery device.
  - 149. The device of Claim 137, wherein the devices is a implant.
- 15 150. The device of Claim 137, wherein the devices is a warning device.
  - 151. The device of Claim 137, wherein the path is created in response to changing ambient temperature.
- 20 152. The device of Claim 137, wherein the path is created in response to forcibly changing temperature of the shape memory material activator.
  - 153. The device of Claim 137, wherein the path is created in response to a demand by a sensor responding to a stimulus.
  - 154. A shape memory material activated device for opening a shell containing a substance, the device comprising:
  - a shell containing a substance bounded by a porous barrier;
- a shape memory material activator configured to create a path through the shell upon attainment of a predetermined temperature, whereby;
  - the substance passes through the porous barrier.
  - 155. The device of Claim 154, wherein the substance is partially bounded by the porous barrier.
  - 156. The device of Claim 154, wherein the shell is bounded by the porous barrier.

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- 157. The device of Claim 154, wherein the shell is partially bounded by the porous barrier.
- 5 158. The device of Claim 154, wherein the porous barrier controls the release rate of the substance.
  - 159. The device of Claim 154, wherein the device releases a substance.
- 10 160. The device of Claim 159, wherein the porous barrier controls the release rate of the substance.
  - 161. The device of Claim 159, wherein the release of the substance is repeatable with the temperature cycling of the shape memory material activator.
  - 162. The device of Claim 154, wherein the device admits a substance.
  - 163. The device of Claim 162, wherein the porous barrier controls the admission rate of the substance.
  - 164. The device of Claim 162, wherein the admission of the substance is repeatable with the temperature cycling of the shape memory material activator.
- 165. The device of Claim 154, wherein the shape memory material activator is coupled with a bias spring.
  - 166. The device of Claim 154, wherein a pressure differential exists between the contents of the shell and the surrounding environment.
- 30 167. The device of Claim 154, wherein the porous barrier is compliant to volume changes of the shell.
  - 168. The device of Claim 154, wherein the porous barrier is a permeable or semipermeable membrane.
  - 169. The device of Claim 154, wherein the porous barrier is a filter.

- 170. The device of Claim 154, wherein the porous barrier is a separator.
- 171. The device of Claim 154, wherein the device is an implant.

- 172. The device of Claim 154, wherein the device is a temperature warning device.
- 173. The device of Claim 154, wherein the device is a substance delivery system.
- 10 174. The device of Claim 154, wherein the device is a substance delivery system.
  - 175. The device of Claim 154, wherein the device is a self-propelled with temperature cycling of the shape memory material activator.
- 15 176. The device of Claim 154, wherein the device is a fixed with temperature cycling of the shape memory material activator.
  - 177. The device of Claim 154, wherein the path is created in response to changing ambient temperature.

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- 178. The device of Claim 154, wherein the path is created in response to forcibly changing temperature of the shape memory material activator.
- 179. The device of Claim 154, wherein the path is created in response to a demand by a sensor responding to a stimulus.
  - 180. A shape memory material activated device for opening a shell containing a substance, the device comprising:
    - a shell containing a substance; and
- a shape memory material activator configured to create a path through the shell by pressure altering means.
  - 181. The device of Claim 180, wherein the substance is partially bounded by the porous barrier.

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182. The device of Claim 180, wherein the shell is bounded by the porous barrier.

- 183. The device of Claim 180, wherein the shell is partially bounded by the porous barrier.
- 184. The device of Claim 180, wherein the porous barrier controls the passage rate of the substance through the shell wall.
  - 185. The device of Claim 180, wherein the device releases a substance.
- 186. The device of Claim 185, wherein the substance is released while the shape
  memory material activator changes temperature.
  - 187. The device of Claim 186, wherein the substance is released through a porous barrier.
- 15 188. The device of Claim 186, wherein the release of the substance is repeatable with the temperature cycling of the shape memory material activator.
  - 189. The device of Claim 180, wherein the device admits a substance.
- 20 190. The device of Claim 189, wherein the substance is admitted while the shape memory material activator changes temperature.
  - 191. The device of Claim 189, wherein the substance is admitted through a porous barrier.
  - 192. The device of Claim 189, wherein the admission of the substance is repeatable with the temperature cycling of the shape memory material activator.
- 193. The device of Claim 180, wherein the shape memory material activator is30 coupled with a bias spring element.
  - 194. The device of Claim 180, wherein the shape memory material activator is coupled with a variable volume body.
- 35 195. The device of Claim 194, wherein the shape memory material activator forces the variable volume body to change volume.

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- 196. The device of Claim 195, wherein the variable volume body changes the internal pressure of the shell.
- 5 197. The device of Claim 180, wherein the shell changes volume with the passage of the substance through the shell wall.
- 198. The device of Claim 180, wherein the shape memory material activator creates another path when subjected to a reverse temperature change within a predetermined temperature range.
  - 199. The device of Claim 180, wherein the device releases a substance through one path within a predetermined temperature range and admits another substance through another path within another predetermined temperature range.
  - 200. The device of Claim 199, wherein the substance release-admission cycle is repeatable with temperature cycling of the shape memory material activator.
- The device of Claim 180, wherein the device admits a substance from a
   reservoir and releases a substance to another reservoir or the surroundings.
  - 202. The device of Claim 180, wherein the device is an implant.
  - 203. The device of Claim 180, wherein the device is a temperature warning device.
    - 204. The device of Claim 180, wherein the device is a substance delivery system.
    - 205. The device of Claim 180, wherein the path is created in response to changing ambient temperature.
  - 206. The device of Claim 180, wherein the path is created in response to forcibly changing temperature of the shape memory material activator.
- 207. The device of Claim 180, wherein the path is created in response to a demand35 by a sensor responding to a stimulus.

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- 208. A shape memory material activated device for delivering a substance, the device comprising:
  - a shell containing a substance; and
- a shape memory material activator configured to create a path through the shell when subjected to a temperature change within a predetermined temperature range, whereby;

the delivery of the substance effectively stimulates one or more senses.

- 209. The device of Claim 208, wherein the device releases a visual substance.
- 210. The device of Claim 208, wherein the device releases an olfactory substance.
- 211. The device of Claim 208, wherein the device releases a tactile substance.
- 15 212. The device of Claim 208, wherein the device releases a gustation substance.
  - 213. The device of Claim 208, wherein the device produces an auditory signal upon release of the substance.
- 20 214. The device of Claim 208, wherein the device is a transdermal substance delivery device.
  - 215. The device of Claim 208, wherein the device is a temperature warning device that stimulates one ore more senses.
  - 216. The device of Claim 208, wherein the device is a substance delivery system that stimulates one ore more senses.
- 217. The device of Claim 208, wherein the device is a temperature alarm system that stimulates one ore more senses.
  - 218. The device of Claim 208, wherein the device is a toy that stimulates one ore more senses.
- 35 219. The device of Claim 208, wherein the path is created in response to a demand by a sensor responding to a stimulus.

- 220. The device of Claim 208, wherein the path is created in response to changing ambient temperature.
- 5 221. The device of Claim 208, wherein the path is created in response to forcibly changing temperature of the shape memory material activator.
  - 222. The device of Claim 208, wherein the substance release-admission cycle is repeatable with temperature cycling of the shape memory material activator.
  - 223. The device of Claim 208, wherein the device is self-propelled with temperature cycling of the shape memory material activator.
- 224. A system of shape memory material activated substance delivery devices, the

  15 system comprising:
  a plurality of shape memory material activated substance delivery devices configured to release their substances within predetermined temperature ranges, wherein; the delivery of the individual substances collectively produce a combined effect.
- 20 225. The device of Claim 224, wherein the system is of variable scale.
  - 226. The device of Claim 224, wherein the system is a mass substance delivery system.
- 25 227. The device of Claim 226, wherein the mass substance delivery system delivers a fragrance.
  - 228. The device of Claim 226, wherein the mass substance delivery system delivers a drug.
  - 229. The device of Claim 226, wherein the mass substance delivery system delivers a public health substance.
- 230. The device of Claim 3, wherein the mass substance delivery system delivers a
   35 mass control substance.

- 231. The device of Claim 224, wherein the individual devices of the system respond to different temperatures of their respective shape memory material activators.
- The system of Claim 224, wherein the individual substances are delivered in
   response to demands by sensors responding to a plurality stimuli.
  - 233. The system of Claim 224, wherein the substances are delivered in response to changing ambient temperature.
- 10 234. The system of Claim 224, wherein the substances are delivered in response to forcibly changing temperature of their shape memory material activators.
  - 235. The system of Claim 224, wherein delivery of the individual substances is repeatable with temperature cycling of the shape memory material activator.